

BARCELONA TRAVEL GUIDE



Your Week in Barcelona — Day by Day

SATURDAY

Spend your morning at Park Güell — Gaudí's hilltop masterpiece. Tickets + skip-the-line here.

Lunch at El Nacional — Barcelona's coolest food hall. Order everything.

After lunch, explore the Gothic Quarter with its narrow streets, historic buildings, and charming shops filled with local crafts and souvenirs.

Visit Sagrada Família — Barcelona's must-see. Book ahead. Tickets here.

Party in **TWENTIES** for FREE
with FRIENDS LIST · Entry till 1:30 AM

MONDAY

Casa Batlló — one of Barcelona's most iconic buildings. Tickets + skip line here.

Walk Passeig de Gràcia and spot Casa Milà (La Pedrera). Architecture overload, in the best way.

Tapas + sangria in El Born — try Bar del Pla or El Xampanyet.

Party in **JAMBOREE** for FREE
with FRIENDS LIST · Entry till 1:00 AM

TUESDAY

Day trip to Costa Brava! Turquoise water, empty beaches, pure Spanish coast energy. Midweek means less crowds. Charge your phone — the views will wreck you. Tickets here.

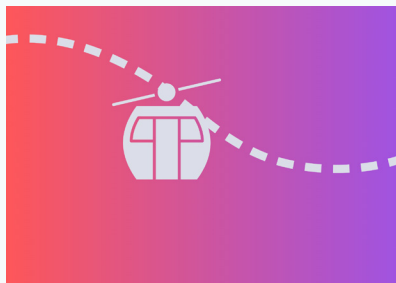
Party in **OPIUM BARCELONA** for FREE
with FRIENDS LIST · Entry till 1:00 AM

WEDNESDAY

MOCO Museum (immersive modern art) or Museu Picasso in El Gòtic. Both unmissable. Tickets here.

Sunset at Bunkers del Carmel — a bit of a hike but 100% worth every step. Bring a drink.

Party in **SUTTON Nightclub** for FREE
with FRIENDS LIST · Entry till 1:30 AM



THURSDAY

Visit Camp Nou — the FC Barcelona stadium. Legendary. Tickets here.

Sushi buffet — unlimited sushi under €20. Yes, really. Barcelona does everything.

Afternoon in Montserrat — mountain monastery with views that'll reset your whole vibe. Tickets here.

Party in **COLORS CLUB** for FREE
with FRIENDS LIST · Entry till 1:30 AM

FRIDAY

Beach day at Barceloneta or Playa Bogatell — your call. Sun, sea, zero regrets.

Party in **NIX CLUB** for FREE
with FRIENDS LIST · Entry till 1:30 AM

SUNDAY

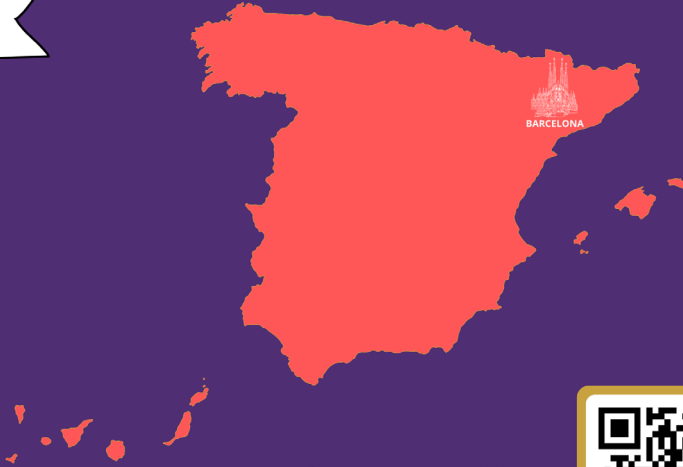
Cable car to Montjuïc for insane panoramic views of the entire city. Tickets here.

Flamenco show at night — experience a completely different side of Barcelona. Tickets here.

Party in **KU BARCELONA - EX PACHA** for FREE
with FRIENDS LIST · Entry till 1:00 AM

BARCELONA

GUIDE



For more information on availability, dates and prices please visit our website by scanning **THIS QR CODE!**



SCAN ME

PARTY GUIDE

SUMMER 2026 EDITION

Never Stop Exploring.

friendsbcnlist@gmail.com

+39 379 236 0721

<https://friendslistbarcelona.com/tourist-guide/>

Barcelona doesn't do ordinary nights out. Whether it's a rooftop at golden hour, a boat on the Mediterranean, or a sweaty basement at 5am — this city has a party for every version of you. Here's everything you need to make this summer unforgettable.

FRIENDS LIST= FREE ENTRY

Free Starter Pack

Pick up your FREE Barcelona Starter Pack on arrival and settle in smoothly.

We've got everything you need to hit the ground running.

- Barcelona student guide magazine
- City map & info material
- Info Abono Transports (T-Casual) support
- Info SIM card (optional)
- Free Spanish bank account (optional)
- Digital discount
- NIE / TIE / Empadronamiento free support

Who we are

Friends list is an international community that helps you prepare for your trip, settle in smoothly, and truly enjoy your time in Barcelona. Whether you're here to work, study, or just live your best life — we're by your side.

We work with Barcelona's government, universities, and organisations to give you the best services while making things simple and easy. Opening a Spanish bank account? Getting your Abono? Meeting people? We've got you covered.

Join us on this Spanish adventure. Eat. Explore. Repeat.

Erasmus Card Discounts

- Up to -10% OFF activities & trips
- Monthly discount at all different offers
- Discounts on Tibidabo, Zoo Barcelona & Aquarium
- -10% OFF EUROSENDER send your pack everywhere in Europe
- -10% OFF Yoga & Fisioterapia
- Food & drinks: Nanni Gracia, Fritz bar, La pasticeria de Gracia.

Join Our Activities

- Salsa & Bachata Lesson
- Language Exchange
- Free Walking Tours
- Flamenco Experience
- Wine & Cava Tasting
- Rooftop Yoga
- Beach Volleyball
- Cooking Class
- Tapas Tour
- Karaoke Night
- Bar Crawl
- Meet & Picnic
- Meet & Splash

Sports Club

"Stop wishing. Start doing." The Sports Club is your community for staying active in BCN.

- Weekly meet-ups & tournaments
- Equipment & sportswear discounts
- FIFA & football tournaments
- Football tickets (Barça & Espanyol)
- Dance & fitness classes
- Games & pitch rental
- Sports community events

Do more. Spend less.

Your Erasmus Card is your key to saving money throughout your stay. Just head out the door and keep it with you at all times.

JOIN TO THE CLUB



is one of the oldest nightclubs in Barcelona, located in the upper part of Tuset and Aribau. Over the years, it has hosted international artists ranging from hip-hop to reggaeton and rap.



It has become an icon in the city thanks to its four floors: one dedicated to commercial and international reggaeton, one to hip-hop and hits, another to techno and electronic music, and finally, the oldest floor, reserved for private events and those 25 and older.

NIGHTLIFE PASS

Barcelona nights hit different.

Get VIP access, free drinks & discounts at the city's top clubs—because you didn't move to Barcelona to go to bed early.

SHOKO OTTO ZUTZ SUTTON COLORS KU OPIUM DOWNTOWN



BOAT PARTIES

The Mediterranean as your dancefloor. Open bar, DJ sets, and sunset views that will ruin every other party for you. Season: June–Sept.

FRIDAY SATURDAY

SOLD OUT FAST



BEACH CLUBS

From Barceloneta to Bogatell — day vibes that turn into night sessions. Shoko & Opium own the beachfront. Sundown = peak hour.

DAILY

BEACH ENTRY FREE



CLUB NIGHTS

Sutton, Otto Zutz, La Biblio up in Zona Alta. Downtown and Colors for the Eixample crowd. Pacha for the house heads. All different. All legendary.

THUS-SUN

FREE W/ FRIENDS LIST



FOLK FESTIVAL

Verbenas, Festa Major de Gràcia, Sant Joan — these are free, wild, and deeply Barceloneta. The kind of nights you can't buy a ticket to.

JUNE-AUGUST

FREE

LA SEMANA LOCA - YOUR FULL WEEK

Ullagaste un lunes. No problem. Here's your game plan.

STARTING MONDAY

MON	TUE	WED	THU	FRI	SAT	SUN
KU	OPIUM	SHOKO	DOWNTOWN	OTTO ZUTZ	TWENTIES	JAMBO-REE
Best Monday in BCN. Tech & reggaeton. The lineup is already packed — people fly in for this.	Tuesday is beach-club night at Opium. Sounds on the terrace, sea air, free entry til 1:30.	Wednesday at Shoko = Barceloneta beach + club in one. The view alone is worth it. Arrive before midnight.	If you're between the ages of 18 and 23, experience the best atmosphere in the city. The most iconic spot for Americans.	Three floors, three genres. The classic Friday in Barcelona for 30+ years. Still unbeatable.	Saturday is the perfect night at twenties. Barcelona's most innovative club — dress code applies.	LGBTQ+ friendly, Hip Hop music, best closing energy in the city. The perfect end to a perfect week.
START	BEACH	RITUAL	ZONA	3 FLOORS	ICONIC	GRAND
FREE TILL 1:00	FREE TILL 1:00	FREE TILL 1:00	FREE TILL 1:00	FREE TILL 2:00	FREE TILL 1:30	FREE TILL 2:00

EVENTOS ESPECIALES — SUMMER 2026

23
JUN

Nit de Sant Joan

Fuegos artificiales, hogueras en la playa y la noche más loca del año. Toda la ciudad es tu after. FREE.

15
AUG

Festa Major de Gràcia

Streets decorated by neighbours, free concerts every night, no tickets needed. 5 days of pure barrio energy.

JUL
EVERY
WK

Boat Parties — Every Weekend

Mediterranean sunset cruise, open bar, DJ. Departure from Port Olímpic. Limited spots every week.

AUG
ENTIRE

Verbenas de Poblenou & Sants

Street parties with live bands, food stalls and local dancing. The real Barcelones experience, no tourist traps. The city is your after. FREE.

PARTY ZONES OF BARCELONA



BARCELONETA

Ku, Opium & Shoko

EIXAMPLE-RAMBLA

Colors - Downtown - Jamboree

ZONA ALTA

Sutton - La Biblio - Twenties

GRÀCIA

Otto Zutz - Festa Major - Verbenas

Housing

Free housing guide, request form & support finding your place in Barcelona.

Banking

Open a free Spanish bank account with no fees — we walk you through the whole process.

Transport

Abono Transports (T-Casual / T-Usual) — we help you set up your card from day one.

Health

Guide to the Spanish health system, CAP registration & student health insurance options.

Emergency Contacts

112

All emergencies

092

Mossos D'Esquadra

091

National Police

Nearest CAP (primary care): Locate yours at salut.gencat.cat
Lost & found: Oficina de Troballes, C/ Ciutat, 9 (09:00–14:00)
Tourism office: Pl. de Catalunya 17-5 | Mon–Sat 8:30–20:30

If you're feeling unwell and don't have a doctor, remember that you can go to a CUAP (Primary Care Emergency Center). It's an outpatient health center, that treats low- and medium-complexity emergencies 24 hours a day, every day of the year.

Spanish Immigration

What documents do you need to live, study or work legally in Spain?

Document Who needs it

Empadronamiento	Everyone living in Barcelona
NIE	EU citizens working/studying
TIE	Non-EU residents (+90 days)
Visa / Residence	Non-EU entry permit
Work Permit	Non-EU employment
Social Security	Anyone working legally

Develop Your Career

A goal without a plan is just a wish. — Antoine de Saint-Exupéry

The Erasmus Barcelona official supports young students internationals living in Barcelona to build their career path with confidence.

- Master & MBA programs in Spain
- Internships & student work opportunities
- Job opportunities in Barcelona
- Internships
- Popular eLearning platforms
- Career advice, support & news

Stay Up to Date

Stay Up to Date

Subscribe to our newsletter & blog — Barcelona's hidden gems, discounts, hot spots, events & more.

Join our WhatsApp Groups to connect with people who share your interests.

- Explore & enjoy Barcelona
- Discover Spain, Portugal & Europe
- Great discounts & savings
- Stay on what's going on
- Art & culture in BCN
- Sports in Barcelona
- Career development & more

Immigration Guide

Jump Start Your Career ➤



INSIDER TIPS

Things the locals know — and the tourists figure out too late.

01

EVER PAY FOR ENTRY

Your nights with Friends List gets you free entry to 7+ clubs. Screenshot it before you leave the apartment — no signal underground.

02

ARRIVE AFTER MIDNIGHT

Clubs are dead free before 1am with friends guestlist. Pregame at a rooftop bar in Eixample, then head out. The city doesn't peak until 2:00am.

03

Sant Joan: no plans needed

June 23rd — just walk towards the beach. The whole city is your party. Bring cava, find strangers, jump the bonfires.

04

THE ORIGINAL BOAT PARTY EXPERIENCE: BOOK FROM THURSDAY

Spots for weekend boat parties sell out by Thursday. Book yours the Sunday before; the cost is €62/65 with the Friends guest list. It'll be the best decision you can make.



SEE YOU ON THE DANCEFLOOR

THE CITY THAT NEVER

SLEEPS.

And neither should you.

Barcelona gave you the sunsets, the
architecture,
the beaches, the food, and the nights
that turned into mornings.

**NOW IT'S YOUR TURN TO GIVE SOMETHING
BACK.**

Show up. Stay out. Make it yours.

WWW.FRIENDSLISTBARCELONA.COM

INSTAGRAM

WHATSAPP

E-MAIL

WEBSITE

FIND US ONLINE

friendslistbarcelona.com

@friendslistbcn

Summer 2026